Shree Ghalegaun Tourism Management Committee Smart Village

Ghalegaun, Lamjung

International Guest Homestay Price List

Standard Night Rates per Person

1 night Room & Veg Dinner + Breakfast Rs 950/1 night Room & Egg Dinner + Breakfast Rs 1100/1 night Room & Chicken Dinner +Breakfast Rs 1150/(Included Breakfast: sel roti, 2 boiled eggs, vegetables, black tea)

EXTRAS

TEA/COFFEE		LOCAL ALCOHOL		
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Black Tea	Rs. 50/-	Local Raksi (per glass)	Rs. 100/-
Tea (milk, mint, ginger)	Rs. 80/-	Local Raksi (per bottle)	Rs. 250/-
Black Coffee	Rs. 70/-	Fried Raksi (jhaneko, per glass)	Rs. 150/-
Milk Coffee	Rs. 100/-	Fried Raksi (jhaneko, per bottle)	Rs. 350/-
Milk (per glass)	Rs. 100/-	Local Rice Beer (chhyang,per glass)	Rs. 75/-
		Local Rice Beer (chhyang, per jug)	Rs. 250/-

BREAKFAST

Chapati, Sel Roti, Jhilinga or Pancake Set (with veg, egg + tea) wth lodging	Rs. 600/-
2 Boiled Eggs	Rs. 120/-
2 Fried Eggs	Rs. 150/-

BOWL OF SOUP LUNCH

Nettle (sisnu) order in advance	Rs. 200/-	Vegetable Dal Bhat	Rs. 350/-
Millet (kodo)	Rs. 200/-	Egg Dal Bhat	Rs. 400/-
Fermented sag (gundruk)	Rs. 200/-	Chicken Dal Bhat	Rs. 550/-
Tomato, Pumpkin, or Potato	Rs. 180/-	Buff Dal Bhat	Rs. 550/-
		Mutton Dal Bhat	Rs 600/-

SIDE DISHES

Roasted corn	Rs. 150/-	Sadek	o papad	F	Rs. 150	/-
Mixed fermented sag gundruk	Rs.	200/-	Potatoes:roasted,	boiled, with	cumin	Rs.
200/-						

Roasted soybeans	Rs. 200/-	Salad	Rs. 200/-
French fries	Rs. 300/-	Mixed soybeans	Rs. 300/-
Dried mutton	Rs. 350/-	Mushrooms	Rs. 400/-

Fried chicken (1 kilo) Rs. 1000/-

Additional Local Items To Purchase

LOCAL FOOD

*Other seasonal food may be available

Tea leaves (chiya patti) (bag) Rs. 150/-

Dried nettle (sisnu) (bag)

Green leafy vegetables (saag) (bag)

Rs. 150/Potatoes (aalu) (per kilo)

Rs. 200/-

Round chili peppers(dalle khursani) (bag) Fresh Rs. 200/-, Dried Rs. 300/-

Soybeans (bhatmas) (bag) Rs. 300/-

Black-eyed peas (kartike bodi) (ek mana, 500 gr) Rs. 300/- (Available November-March)

Sil Timur (for tea) (bag)
Rs. 400/Timur (sichuan pepper) (bag)
Rs. 400/Millet flour (kodo pitho) (ek mana, 500 gr)
Rs. 500/Button mushrooms (chyau) (½ kilo)
Rs. 600/Honey (maha) (ek mana, 500 gr)
Rs. 1200/-

HANDMADE ARTICLES

Woven Radi Rs. 4000/- to Rs. 6000/-

Woven Bakhu Rs. 12,000/-

Woven Basket (Doko) Large Rs. 1200/-, Medium Rs. 800/-, Small Rs. 500/-

Bamboo Raincoat (Ghum) Large Rs. 2000/-, Small Rs. 1000/-

Sickle Holder (Khurpeto) Rs. 500/-

Macrame Rs. 500/- to Rs. 2000/-

Rental Typical Gurung Dress (2 hours) Women Rs. 500/-, Men Rs. 400/-

ACTIVITIES

GURUNG CULTURAL DANCE PROGRAMS* Group Price (up to 50)
(more than 50)
Individual
Rs. 4500/Rs. 7000/-

- 1. Rodhi Nach: A traditional Gurung dance with songs representing the joy and sorrow of daily life.
- Ghatu Nach: A traditional women's dance performed in pairs and during the full moon of Baisakh.
- 3. **Krishna Charitra Nach:** A traditional Gurung folk dance performed to bless the eldest son by his maternal uncle's family. The dance honors the life of the God Krishna.
- 4. **Serka Nach:** A traditional Gurung dance performed to announce a death to villagers and neighboring villages. The Gurung believe that the dance and the playing of the thaudu (drum) will send the deceased to heaven.
- 5. **Pachyu Nach**: A traditional dance of the "pachyus" (Gurung priests) performed when a community members dies away from their home. The dance is performed to bring the deceased's spirit safely home and then to send them to heaven.

- 6. **Ghyabre Nach:** A traditional dance of the "ghyabres" (Gurung priests) performed after the death and funeral ritual (Arghaun) of a community member. This dance is performed to safely transport the spirit of the deceased to heaven.
- 7. **Youth Club Dance**: A traditional dance performed by the village youth with musical instruments.

LOCAL GUIDED TOURS Reserve 3 days in advance, other trips can be arranged

Half Day Guided walk: Ghanpokhara or Bagum Rs 1250/-Full Day Guided walk to: Bhujung or Khudi Rs 2500/-Half Day Guided tour of Ghalegaun Rs 1000/-

Guided Tour of Gurung Museum Donations encouraged Morning Yoga/Pilates Donations encouraged

Ask About:

Gurung Wild Honey Hunt: twice a year, November and April Annual Ghalegaun Gold Cup Football Tournament (Baisakh 1-6)

Contact Tourism Management Committee Office (TMC) to arrange activities. 9813527306 and 9846193067 <u>Visitghalegaun1@gmail.com</u>

Pick up a Ghalegaun Homestay Map and directory or use our QR code.

